

INTRODUCING YOU TO YOUR LYMPHOEDEMA LINK NURSE AT LIVERPOOL WOMEN'S HOSPITAL

AVAILABLE MONDAY-FRIDAY 9AM-4PM

ON

0151 701 4186

OR

0151 529 2796

Who is the Lymphoedema Link Nurse?

The Lymphoedema Link Nurse is a fully trained nurse who also specialises in the area of Lymphoedema and the associated issues related to this condition.

How Can The Lymphoedema Link Nurse Help You?

- By supporting you in the management of lymphoedema through education, advice and information.
- Liasing / introducing you to other healthcare professionals working in the management of lymphoedema i.e. Lymphoedema practitioners, Physiotherapists, Occupational therapist's.
- Talking through with you any issues concerning your quality of life related to lymphoedema. I.e. Body image, Sexual health.
- Introducing you to regional and local support networks that are available, i.e. Lymphoedema Support Network (LSN)
- Offering ongoing care and support as you require and developing a treatment plan that is acceptable to you.
- Your lymphoedema link nurse can also put you in touch with the relevant people who can provide advice and guidance with social and financial matters.

Why Have A Lymphoedema Link Nurse?

- The Lymphoedema Link Nurse will be an onsite resource for the management of those patients who are at risk of developing lymphoedema, or for those who develop mild uncomplicated problems associated with Lymphoedema. The Lymphoedema Link Nurse also has the ability to refer patients to Lymphoedema Therapists if appropriate.

What If You Have Problems Out of Hours?

- The telephone number on the front of this leaflet has an answerphone attached, you can leave a non-urgent message and we will contact you as soon as possible. If the matter is urgent contact your GP or if you have been a patient of this hospital you can contact the Gynaecology Ward.

USEFUL CONTACT NUMBERS OF SUPPORT GROUPS

LYMPHOEDEMA SUPPORT NETWORK

St Lukes Crypt
Sydney Street
London
SW3 6NH

Phone: 02073514480

Website: www.lymphoedema.org/ism

CANCERBACUP

3 Bath Place
Rivington Street
London
EC2A 3JR

Phone 02076969003